PRIVATE TRAINING WITH COACH POWERS THE VOLLEYBALL WHISPERERTM

How Good Could You <u>Really</u> Be With The Right Training?

TRAINING WITH COACH POWERS IS...IN A WORD...DIFFERENT. TRAINING WITH SOMEONE CALLED, "THE VOLLEYBALL WHISPERER"...IT SHOULD BE DIFFERENT. AND IT IS.

So, what does all this different-ness actually mean? It's actually, perfectly, pretty much common sense. Common sense, that is, *IF* you've spent the last 40+ years of your life training tens of thousands of athletes in one thing-volleyball.

Here's another way to look at it: Coach Powers has developed a very straight-forward way of making the machine we call **your body** work the way it was designed to work (instead of the *harmful and highly ineffective* way most people try to make it work) when playing volleyball. In fact, the principals of body biomechanics you learn here will translate to almost every other sport you like to play.





WHEN YOU TRAIN WITH COACH POWERS YOU'LL LEARN:

- ★ Why the biomechanical body movements most people learn -including you and even your coaches- typically fail and often lead to unnecessary injury,
- ★ Why the instincts most people have about playing powerful volleyball are exactly the opposite of what they should doing to be at an elite level in the sport,
- ★ Why even the best athletes don't use even half of their natural power and strength in the sport

Click Here to Learn More and Schedule Your Session Today

PLUS: EVERY PRIVATE TRAINING SESSION INCLUDES COACH POWERS' <u>VOLLEYEYE VIDEO</u> <u>COACHING</u> ABSOLUTELY FREE!

Coach Powers VolleyEye Video Coaching allows you to keep training with Coach Powers - even after you've left the GYM!

Let us explain to you how VolleyEye Video Coaching works:

- 1. You and Coach Powers complete your Private Volleyball Training Session
- 2. Every moment of your **Private Volleyball Training Session** is recorded for later use by you
- **3.** Your skill and movement segments are specially recorded using cutting-edge movement analysis technology
- **4.** During your **Private Volleyball Training Session**, you and your parents can immediately see your performance frame-by-frame and Coach Powers will help you uncover your best opportunities for peak performance
- 5. After your Private Volleyball Training Session is complete and you go home (happy and tired - full of new information and determination to reach your best...) Coach Powers takes your skill performance recordings and RE-EXAMINES and RE-COACHES your training session using his VolleyEye Video Coaching system!

- 6. Within hours, you will receive a Whole New VolleyEye Video Coaching session with Coach Powers giving you Recorded Audio Coaching Tips and Reminders and frame-by-frame animated highlight reviews of where you can improve each part of your game.
- **7.** Coach Powers' **VolleyEye Video Coaching** will reinforce everything you learned, remind you of anything you've forgotten and keep you ON TRACK whenever you need help 24/7!

READY TO GET STARTED TRAINING WITH THE VOLLEYBALL WHISPERER?

Click Here to Learn More and Schedule Your Session Today

STILL NOT CONVINCED?

WITH COACH POWERS' PRIVATE VOLLEYBALL TRAINING, YOU'LL ALSO LEARN:

- ★ Where the optimal power-point position for each volleyball skill is and how to identify yours quickly and consistently,
- Critical body/balance training techniques that will allow you to stay injury-free and be quicker than your teammates and your opponents
- Simple psychological movement triggers and easy movement patterns that will allow you to self-coach and self-correct anytime you need help, even during a match!
- ★ How to eliminate movement patterns that reinforce old, bad habits and overcome them with powerful, confidence-building mental cues
- How to get maximum vision of the court and your opponents with our Vision Advantage
 Training
- ★ Easy-to-master training techniques that will improve your game in minutes to build confidence and consistency no matter what level your skill.

- ★ Personalized pin-point body biomechanics for every part of this great sport including: serving, setting, attacking, passing, layouts, and more...
- ★ SPECIAL NOTICE: If you have a past volleyball-related injury and want to prevent it from reoccurring, this training is a MUST!

Click Here to Learn More and Schedule Your Session Today (Private Training SALES PAGE)

PRIVATE TRAINING WITH THE VOLLEYBALL WHISPERER...

READY TO LEARN How Good You Can Really Be?

WHAT DO OTHERS HAVE TO SAY ABOUT WORKING WITH COACH POWERS?

- DICK POWERS HAS ALSO MADE A HUGE IMPACT ON MY FUTURE BY GIVING ME POSITIVE RECRUITING EXPOSURE AND ADVICE. I AM NOW A COLLEGIATE VOLLEYBALL PLAYER DUE IN LARGE PART TO DICK POWERS' INSTRUCTION AND GUIDANCE. <u>DICK POWERS'</u> KNOWLEDGE AND EXPERIENCE IN VOLLEYBALL ARE BY FAR THE BEST AROUND."
- DICK POWERS REVIVED [OUR DAUGHTER'S] LOVE OF THE GAME AND BROUGHT BACK THE JOY THAT SHE HAD EXPERIENCED THE FIRST YEAR SHE PLAYED. <u>OUR</u> <u>DAUGHTER RECEIVED EXCELLENT TRAINING."</u>
- This training was not available to her <u>ANYWHERE ELSE IN THIS AREA.</u> WE HAVE ABSOLUTELY NO DOUBT THAT OUR DAUGHTER WOULD NOT BE WHERE SHE IS TODAY IF IT WEREN'T FOR DICK POWERS."

PRIVATE TRAINING SPECIFICS:

First-Time Students - One Solo Session with Coach Powers: Your first Private Volleyball Training Session is at a special, reduced rate so Coach Powers can focus on your individual training needs and you can begin to learn his Skill Isolation System in a confidential training environment. Specifics include:

- \$145 for a 3-hour Solo Training Session with Coach Powers
- Parents/Interested Parties will be involved in learning, coaching, and filming to help support an on-going learning process for everyone.
- Complete VolleyEye Video Coaching on-site
- VolleyEye Video Coaching Post-Training Analysis with audio voiceover and video skill highlight commentary by Coach Powers via DVD and/or Video Download
- Assessment for potential future placement in Private Multi-Student Monthly Intensive Training
- o All insurance, equipment, facility costs are included
- Verbal cue and psychological triggers training designed to enhance consistency and overcome bad habits
- Introduction of The Future You[®] Goals Roadmap to help develop systematic personal improvement habits

Private Multi-Student Training Intensives for 2 to 6 athletes with Coach Powers (by invitation only after Private Training Solo Session):

- o \$225 for Three 3-hour Multi-Student Training Sessions (3-week Sessions)
- Training sessions are 3-hours in length; we provide all training materials, equipment, and insurance.
- VolleyEye Video Coaching during session
- VolleyEye Video Coaching Analysis post-session (including audio feed of Coach Powers review of live training session)

***** One-on-One Private Training with Coach Powers (after initial Solo Session):

- \$245/3-hour session
- Training sessions are 3-hours in length; we provide all training materials, equipment, and insurance.
- VolleyEye Video Coaching during session
- VolleyEye Video Coaching Analysis post-session (including audio feed of Coach Powers review of live training session)

*for 7+ athletes, please see Camps & Clinics (link)

Ready to Begin?

PLEASE COMPLETE OUR PLAYER PROFILE TO LEARN MORE AND TO SCHEDULE YOUR PRIVATE TRAINING SESSION:

(INSERT PLAYER INFO FORM)